

Is there enough relevant information to score?  
If not, score is UR.

## Social and Emotional Competence

### #1 – FAMILY ENVIRONMENT

Intent: In this section, we are looking at the physical and emotional environment this new baby or child is coming into. This may include the parents' emotional readiness for a new child; their ability to think about, prepare, and plan for the child; and any other physical or emotional demands on their time and energy.

### Step 1:

Does a score of 0 fit?  
(Strengths, no concerns)

#### Scoring Definition:

**0** - Parent consistently has the capacity to be fully present and available.

#### Scoring Examples:

- Consistently pays attention to and meets baby's physical and emotional needs
- Not parenting any additional children under age 3 or caring for other adults
- Indicates they feel supported in their role as parent
- Is, within the values of their culture, preparing for the new baby (e.g., acquiring baby supplies, thinking about child care, etc.)

### Step 2:

Does a score of 4 fit?  
(extreme challenges)

#### Scoring Definition:

**4** - Parent has extreme barriers to being fully present and available.

#### Scoring Examples:

- Says they consistently feel unable to balance parenting with other worries, stressors, or responsibilities
- Has cognitive or physical challenges that interfere with their capacity to interact in a consistently nurturing manner and have no consistent support (sporadic help, spouse/partner is gone at work all day, etc.)
- Experiences extremely difficult relationships with former partners (e.g., being stalked), blended family situations, etc.
- Young parent (under age 21) with no support for their role as parent

### Step 3:

Does a score of 2 fit?  
(moderate challenges)

#### Scoring Definition:

**2** - Parent has moderate barriers to being fully present and available.

#### Scoring Examples:

- Is parenting one additional child under age 3 and indicates they do not feel supported in their role as parent
- Also cares for an adult or other child with special needs (e.g., aging, ill, delays, etc.)
- Worries about having enough time or energy for a baby or says they often feel unable to balance parenting with other worries, stressors, or responsibilities
- Has cognitive or physical challenges but feels they have enough support (through medical treatment, additional helpers in the home, etc.) to meet their baby's physical and emotional needs
- Young parent (under age 21) who describes feeling supported in their role as parent

### Step 4:

Does a score of 1 (mild challenges) or 3 (significant challenges) fit better?

Are there more strengths/less concerns than a 2?

**Then score a 1.**

**1** - Parent has mild barriers to being fully present and available.

**OR**

Are there less strengths/more concerns than a 2?

**Then score a 3.**

**3** - Parent has significant barriers to being fully present and available.