

Getting Ready for the CCI with the _____ family!
(family name or initials)

Before it's time to do the CCI, take time to reflect. Consider what you know about the following:



- The parenting and communication styles of the family
- The family's values
- The parent's hopes for their child
- How you can use reflective questions/conversations to explore with them

Notes:

What might be useful to discuss with your supervisor?



- Review of the CCI rubric (the domains and the scoring)
- How to introduce the CCI to the family
- What might be important considerations for the relationships (family/baby or FSS/family)
- Accessing training or support/guidance

Notes:

Here are some ways to introduce the CHEERS Check-In observation:

“Next week, when I come, we are going to make sure you and your child have a full 6-to-8-minute period of time in which you both can just play and be present with each other – without my interference. When you are done, we can talk together about what the experience was like for you. Please feel free to choose whatever activity you would like to do with your child.



- It can be a favorite activity you and your child like to do together, or
- An activity that is part of your regular routine, or
- I could bring an activity that you think you would both like to do!”

You could also say:

"Next week I am going to give you and Junior some time to do your thing, and I am just going to stay out of your way for like 5 minutes or so. You two can just play or hang out together like I am not even there. Then you and I can talk about how it went and what we noticed."

What you might say (in your own words):

Introduce the process again on the day of the visit:



“As we discussed last week, today, I am going to be quiet and let you and your child play together, without me interfering in your play, in whatever way is most natural for both of you. After about 6-8 minutes or whenever it is comfortable for you, we can re-connect.”

What you might say (in your own words):

Once the interaction ends, check in with the parent:

This conversation is an opportunity to help the parent explore and think about their relationship with their baby, and how the interaction that has just occurred fits into that relationship. To support this conversation, be non-judgmental, open, and curious. Finally, be collaborative and support the parent in discovering their own knowledge about their relationship with their baby.

- How did the interaction feel to the parent, or what did they think?
- What moment did they most enjoy?
- What did they notice about the baby's experiences and feelings?
- How typical did the parent think the interaction was today?
- In the future, what would they like to do more of with their baby?
- Remember to use your HFA Reflective Strategies to support the conversation! Use ATP or SATP to support strengths you observed. Use NORM, Ex & W, FNT, or PT to partner with the parent to address any areas where there are opportunities to support more nurturing interactions.

Adapted from the Early Relational Health Screen (David Willis et al., unpublished manuscript) and with input from Kate Rosenblum, PhD, at www.zerotothrive.org

What you might say:

Next Steps/After the Home Visit:

Use the time after the home visit to consider the experience and consider how you might continue support of the Parent-Child Relationship. How did you feel observing the interaction? What stood out as important? What did you learn from your discussion with the family?

- Immediately after the visit, write notes on the tool, add observation details
- Later, take time to thoughtfully consider where each observation falls on each domain's continuum
- Reflect in Supervision to finalize scores
- Consider areas to discuss or address in future home visits
- Determine if the Service Plan should be updated

Any next steps for follow-up (be sure to document as appropriate):