

BPS

6

6-4.D SAFER SLEEP

REQUIREMENT

6-4.D The Professional promotes safer sleep practices with pregnant parents and families with infants birth to twelve months of age.

How is this rated?

- **Exceeds Standard (3)** - The Professional shares safer sleep information with **ALL** pregnant parents and families with an infant birth to twelve months of age.
- **Meets Standard (2)** - In past, the Professional did not share safer sleep information with the families, **however recent practice** (past 3 months) indicates this is now occurring.
- **Does not Yet Meet Standard (1)** - The Professional **does not yet** share safer sleep information with all pregnant parents and families with an infant birth to twelve months of age.

DOCUMENTATION REVIEW

- ☐ Home Visit Records include documentation what information and or resources on safe sleep are shared (e.g., curriculum, safer sleep section, FSP progress)
- ☐ Family Service Plan - may have documentation if information is related to plans



TIPS FOR COMPLETING

- Safer Sleep is reviewed for families that are pregnant or with a child <12 months
- Documentation of sharing resources at least once is enough to meet the standard
- If there are any new concerns with sleep, additional support and information should be provided
- Support staff with documentation of the resource used (e.g., "Shared CDC guidelines of babyproofing crib for safe sleep")

