

Supporting Attachment with CHEERS Handout (pg. 1–2)

The intent of reviewing this handout with parents is to:

- Define secure attachment and why it is crucial to positive outcomes
- Partner with families on CHEERS to:
 - Explore what we see during our visits.
 - Speak the same language about attachment and parent-child interactions.
- Engage in culturally responsive conversations to understand:
 - Parents experience of CHEERS in their childhood or family of origin
 - What CHEERS means for each family member and what is valued.
- Develop ATPs and SATPs impact statements that can link to CHEERS domains.

CHEERS Parent Reflections Handout (pg. 3)

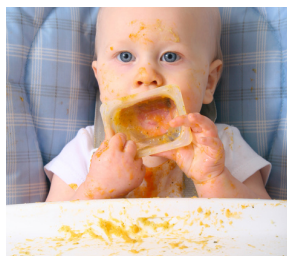
The CHEERS Parent Reflections Handout is a template for a deeper discussion of the family's thoughts about CHEERS, including self-assessment.

The handout provides prompting questions for Professionals to present to families. These discussions can include how CHEERS looked in their family growing up and what they would like to emulate or do differently.

The CHEERS Parent Reflections Handout can be as a follow-up to the Supporting Attachment with CHEERS Handout and/or later, including after a CHEERS check-in observation.

Supporting Attachment

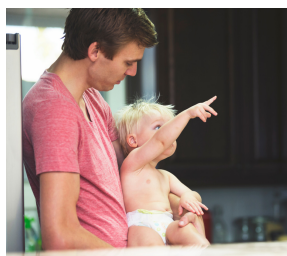
C
Endis



H
Kenbe



E
Ekspresyon



E
Enpati



R
Ritm & Resiprosite



S
Sori



Supporting

Attachment

with

C

Endis: Ki jan ti bebe yo kominike bezwen yo

H

Kenbe: Konfò fizik

E

Ekspresyon: Pale ak ti bebe mwen an

E

Enpati... Konprann sa ti bebe mwen an santi

R

Ritm/Resiprosite: Fason nou kominike

S

Sori: Ki jan nou montre nou youn bay lòt valè

Parent Reflections

Ki domèn CHEERS ki pi enpòtan pou ou menm ak fanmi ou?

Nan ki zòn ou santi ou pi fò?

Ki zòn ki pi difisil yo?

Endis

- Ki jan ti bebe mwen an di m sa li bezwen?
- Ki jan li fasil oswa difisil pou w konprann sa ti bebe mwen an ap eseye kominike?
- Ki jan ti bebe mwen an kominike lè li bezwen yon repo nan entèraksyon?

Enpati

- Kouman pou mwen konnen sa pitit mwen an santi?
- Kouman pou mwen montre ti bebe mwen an ke mwen konprann ki jan li santi l?
- Kouman mwen santi mwen lè ti bebe mwen an tris oswa fache?
- Kouman mwen ka reponn?

Kenbe

- Ki jan kontak fizik sanble nan fanmi mwen?
- Konbyen fwa mwen ta dwe chita bò kote oswa kenbe ti bebe mwen an?
- Ki jan pitit mwen reyaji lè yo kenbe l ak manyen?
- Ki sa mwen renmen pi ak pi piti?

Ritm/Resiprosite

- Èske pitit mwen an mennen kèk aktivite e mwen mennen lòt?
- Ki kalite jwèt ti bebe/pitit mwen an renmen (jwèt dousman, trankil oswa jwèt pi rapid ak anpil bri)?
- Ki jan li fasil pou adapte stil jwèt mwen an ak fason ti bebe mwen an renmen jwe?

Ekspresyon

- Èske pitit mwen an mennen kèk aktivite e mwen mennen lòt?
- Ki kalite jwèt ti bebe/pitit mwen an renmen (jwèt dousman, trankil oswa jwèt pi rapid ak anpil bri)?
- Ki jan li fasil pou adapte stil jwèt mwen an ak fason ti bebe mwen an renmen jwe?

Sori

- Ki jan nou ka pran plezi ansanm? -Ki jan pitit mwen fè konnen mwen renmen rete avè l?
- Ki jan pitit mwen an montre m li renmen avè m?