

TRAINING CALENDAR

FY 23-24

DATE	TRAINING	TIME	LOCATION
October 12	OLS: Wellness	10-11:30am	<i>First Steps LMS</i>
October 16-20	FROG Scale Core	9:30am-12:30pm + self-study	<i>HFA LMS</i>
October 25	Baby TALK Booster	1-2:30pm	<i>First Steps LMS</i>
November 2-3, 7-9	Supervisor Core: Relationships & Reflection	9:30am-12:30pm + self-study	<i>HFA LMS</i>
November 9	OLS: Topic TBD	10-11:30am	<i>First Steps LMS</i>
November 13-17	Foundations Core	9:30am-12:30pm + self-study	<i>HFA LMS</i>
December 14	OLS: End of Year Celebration	10-11:30am	<i>First Steps LMS</i>
2024			
January 11 & 18	Perinatal Mental Health	10am-12pm	<i>First Steps LMS</i>

***Mothers & Babies Core Training postponed - New Date TBD**

Foundations For Family Support

Core Training

Foundations for Family Support Core training is an in-depth, formalized training required for all staff. The training outlines the specific duties of the FSS in their role within HFA. Topics include: trauma-informed practice; reflective strategies; assessing, addressing, and promoting CHEERS; creating a trusting alliance with families; goal setting; and the Family Service Plan.

Pre-Requisite: Foundations Stop Gap Series

Supervisor Training

HFA Supervisor Core: Relationships and Reflection applies the foundational concepts of HFA that are introduced in Foundations for Family Support to the Supervisor role via the parallel process. Supervisors can expect to develop skills to support HFA Direct Service staff through reflective supervision and use of HFA Reflective Strategies in supervision and to understand the expectations and responsibilities of the Supervisor role as expressed in the HFA Best Practice Standards.

Pre-Requisite: Foundations Core, Supervisors Stop Gap

FROG Scale

Core Training

Family Resources and Opportunities for Growth (FROG) Scale Core training is required for all program staff who will administer or supervise the FROG Scale.

The training focuses on building the skills necessary to engage parents in a comprehensive conversation, learning how to gather information related to their strengths and concerns, and obtaining guided practice from a certified user to ensure the tool is administered in a standardized and reliable manner.

Pre-Requisite: Foundations Stop Gap Series

Supervisor Training

In **FROG For Supervisors**, learners will develop skills to support HFA staff who use the FROG with families, including providing feedback on FROG documentation. The training includes information about Reflective Supervision and quality assurance supports for supervisors of staff using the FROG.

Pre-Requisite: Supervisors Stop Gap

Mothers & Babies Curriculum

Mothers & Babies Core

This two-day training introduces the Mothers & Babies 9 session stress-management curriculum. Topics include:

- Engagement in pleasant activities
- Promoting healthier ways of thinking
- Improving social supports
- Mindfulness practices & practical applications

Pre-requisite: Mothers & Babies Stop Gap

Baby TALK Curriculum

Baby TALK Core

This three and half day training introduces the Baby TALK approach to family engagement. Topics include :

- Critical Concepts & Strategies
- Protocols and curriculum materials review
- Objective observations of parent-child interaction
- Facing difficult issues & practical application

Pre-Requisite: Baby TALK Stop Gap

Ongoing Learning Series (OLS)

A bite size dose of content followed by small group connections with peers from across the network to discuss and share best practices.

- Every 2nd Thursday of the month.
- All network staff are encouraged to attend.
- Recordings and materials are added to the First Steps LMS - **OLS Archive** for missed attendance.

Special Events

First Steps 10th Anniversary

- All network staff

Elevate Leadership Series

- Supervisors Only

Beyond the Numbers

- TBD Spring 2024